

<b>Proposed Practice/Tournament Schedule 16s Cindy</b>			
<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
Thursday	8-Nov	6-9pm	Whitlock
Friday	9-Nov	6-9pm	ABC
Sunday	11-Nov	1-4pm	Tony Grampsas
Thursday	15-Nov	6-9pm	Whitlock
<b>NO PRACTICES 11/16-11/25 THANKSGIVING</b>			
Thursday	29-Nov	6-9pm	Whitlock
Friday	30-Nov	6-9pm	ABC
Sunday	2-Dec	1-4pm	Tony Grampsas- Elev8, Educ8, Rejuven8
Thursday	6-Dec	6-9pm	Whitlock
Friday	7-Dec	6-9pm	ABC
Sunday	9-Dec	1-4pm	Tony Grampsas
Thursday	13-Dec	6-9pm	Whitlock
Friday	14-Dec	6-9pm	ABC
Sunday	16-Dec	1-4pm	Tony Grampsas- PICTURES/UNIFORMS
Thursday	20-Dec	6-9pm	Whitlock
Friday	21-Dec	6-9pm	ABC
<b>NO PRACTICES 12/22-1/2 CHRISTMAS AND NEW YEARS</b>			
Thursday	3-Jan	6-9pm	Whitlock
Friday	4-Jan	6-9pm	ABC
Thursday	10-Jan	6-9pm	Whitlock
Friday	11-Jan	6-9pm	ABC
<b>SUNDAY 1/13 POWER TOURNEY #1 LOCATION TBD</b>			
Thursday	17-Jan	6-9pm	Whitlock
<b>FRIDAY 1/18 NO PRACTICE- TRAVEL TO COLORADO SPRINGS</b>			
<b>SATURDAY 1/19 RMR CLASSIC COLORADO SPRINGS</b>			
<b>SUNDAY 1/20 RMR CLASSIC COLORADO SPRINGS</b>			
Thursday	24-Jan	6-9pm	Whitlock
Friday	25-Jan	6-9pm	ABC
Thursday	31-Jan	6-9pm	Whitlock
Friday	1-Feb	6-9pm	ABC
<b>SUNDAY 2/3 POWER TOURNEY #2 LOCATION TBD</b>			
Thursday	7-Feb	6-9pm	Whitlock
Friday	8-Feb	6-9pm	ABC
Thursday	14-Feb	6-9pm	Whitlock
<b>FRIDAY 2/15 NO PRACTICE- TRAVEL TO GREELEY</b>			
<b>SATURDAY 2/16 RMR SHOWDOWN GREELEY</b>			
<b>SUNDAY 2/17 RMR SHOWDOWN GREELEY</b>			
<b>MONDAY 2/18 RMR SHOWDOWN GREELEY</b>			
Thursday	21-Feb	6-9pm	Whitlock
Friday	22-Feb	6-9pm	ABC
<b>SUNDAY 2/24 POWER TOURNEY #3 LOCATION TBD</b>			
Thursday	28-Feb	6-9pm	Whitlock
Friday	1-Mar	6-9pm	ABC
Thursday	7-Mar	6-9pm	Whitlock
<b>FRIDAY 3/8 NO PRACTICE- COACH CINDY @ CROSSROADS</b>			
Thursday	14-Mar	6-9pm	Whitlock
<b>FRIDAY 3/15 COLORADO CROSSROADS TOURNEY</b>			
<b>SATURDAY 3/16 COLORADO CROSSROADS TOURNEY</b>			
<b>SUNDAY 3/17 COLORADO CROSSROADS TOURNEY</b>			
Thursday	21-Mar	6-9pm	Whitlock
Friday	22-Mar	6-9pm	ABC
<b>NO PRACTICES 3/23-3/31 SPRING BREAK</b>			
Thursday	4-Apr	6-9pm	Whitlock
<b>FRIDAY 4/5 NO PRACTICE- TRAVEL TO DURANGO</b>			
<b>SATURDAY 4/6 DIGGIN IT DURANGO</b>			
<b>SUNDAY 4/7 DIGGIN IT DURANGO or POWER #5</b>			
Thursday	11-Apr	6-9pm	Whitlock
Friday	12-Apr	6-9pm	ABC
Thursday	18-Apr	6-9pm	Whitlock
Friday	19-Apr	6-9pm	ABC
Thursday	25-Apr	6-9pm	Whitlock
Friday	26-Apr	6-9pm	ABC
<b>SUNDAY 4/28 POWER TOURNEY #6 LOCATION TBD</b>			
Friday	3-May	6-9pm	ABC- LAST PRACTICE

**GYM LOCATIONS**

**TONY GRAMPAS GYM**  
4471 SALVIA STREET  
GOLDEN, CO 80403

**A BETTER COMMUNITY**  
**AKA "ABC"**  
9701 W 50TH AVE  
WHEAT RIDGE, CO 80033

**SPECIAL EVENTS**

**12/7 BUTTER BRAID**  
**DELIVERY TO ABC GYM**  
**6PM. PLEASE ARRANGE TO**  
**PICK UP AFTER PRACTICE**  
**OR WITH A COACH FOR**  
**PICK UP ON 12/9**

**12/2, 12/16**

**12/21 ALL TEAMS**  
**PRACTICE AT ABC GYM**  
**\$5 MAX GIFT EXCHANGE**  
**AND HOLIDAY FUN**

**COACH CONTACT INFO**

CINDY 720-987-6172  
[corevalues.vbc@gmail.com](mailto:corevalues.vbc@gmail.com)

MIKE 720-447-1516

**\*\*3/14 Practice may be at**  
**Whitlock or at the Convention**  
**Center Downtown. TBD**